

Finding God's Protection in the Midst of Trouble

Psalm 91

May 10, 2026

1. Teach your children that they have an ever-present Protector (1-4).
 - a. There is **refuge** in His shadow (1-2).
 - i. There is protection in an intimate relationship with God (1).
 1. There's nothing more **terrifying** to a **predator** than the looming shadow of the mother bear!
 2. There's nothing more **reassuring** to a **cub** than the looming shadow of the mother bear!
 - ii. There is safety when we are trusting in God to be our refuge and our fortress (4).
 - b. There is **protection** under His wings (3-4).
 - i. God promises protection from ensnarement and from deadly diseases (3).
 - ii. God is pictured here as a mother bird (4).
 1. Sometimes earthly fathers can be distant from their children, but mothers are rarely distant.
 2. God is ever-present, and His "sheltering wings" are ever outstretched offering protection to all who run to Him in trouble.
2. Teach your children that they have a Protector Who can provide protection from utter destruction, because He has already borne it (4-13).
 - a. The mother bird shields her chicks with her own body (4).
 - i. Illustration: Mother hen shields her chicks from fire
 - b. Jesus sacrificed Himself to shield us from the wrath of God (4).
 - i. Isaiah 53:4-5 "Surely he hath borne our griefs, and carried our sorrows: yet we did esteem him stricken, smitten of God, and afflicted. But he was wounded for our transgressions, he was bruised for our iniquities: the **chastisement of our peace was upon him**; and with his stripes we are healed."
 - ii. Romans 5:8-9 "But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us. Much more then, being now justified by his blood, we shall be **saved from wrath through him.**"
 - iii. 1 John 4:10 "Herein is love, not that we loved God, but that he loved us, and **sent his Son to be the propitiation for our sins.**"
 - c. Jesus died and rose again to win the ultimate victory over sin for all who will come to Him (5-13).
 - i. 1 Corinthians 15:55-57 "O death, where is thy sting? O grave, where is thy victory? The sting of death is sin; and the strength of sin is the law. But thanks be to God, which giveth us the victory through our Lord Jesus Christ."
 - ii. Hebrews 7:25 "Wherefore he is able also to save them to the uttermost that come unto God by him, seeing **he ever liveth to make intercession for them.**"
3. Teach your children that God promises to be with them **in** the trouble – (14-16).
 - a. If God kept your children from all trouble, it would be the worst thing for them.
 - b. With Shadrach, Meshach, and Abednego, **He walked with them through the furnace.**
 - c. God promises to deliver the trusting soul (14, 16).
 - i. When you set your love upon God, He promises to protect you **in the midst of the storm** (14).
 1. When you set your love on anything else, you are on a shaky foundation.
 2. When you set your love on God, God lifts you high above the storm.
 - ii. When you call upon God, He promises to satisfy you and **demonstrate his salvation to you** (16).
 1. Sudden calamity may destroy the faith of others, but it doesn't have to destroy yours (5).
 2. Disease may destroy the faith of others, but it doesn't have to destroy yours (6).
 3. Thousands may fall all around you, but you can have grace to stand (7-8).
 4. Others go through trials feeling utterly alone, but you can be confident that God is watching over you and sending His guardian angels to protect you (11-12). You can be confident that if you do face trouble, it had to be filtered through the protecting hand of God.
 5. God promises you overcoming power (13; cf. Romans 8:35-39)

Conclusion:

1. The most powerful lesson you can pass along to those you love is a good example. Where do you turn in trouble?
2. Have you trusted Christ to save your soul?
3. Are you trusting Christ to take care of those you love, or are you trying to do it all on your own?
4. Are you pointing your loved ones to the only One Who can provide the ultimate victory in trouble?